

La Mano Madre

'La Mano Madre', a temple where you can draw on to a source of wellbeing which is inside all of us, rediscovering the beauty as a matter of health and harmony, a balance among mind, body and soul.

A place of emotions where you shall let you rock among colours, music and fragrances.

'La Mano Madre' will drive you into an unforgettable trip.

Unique routes to reach an answer to your wishes, discovering ancient learnings through the beneficent power of water, of natural products and the art of massage as a gesture of care and love.



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The Water Route – *Salus Per Aquam*

RISING VAPOUR

Water as a primeval element is transformed into a cloud of vapour which will envelop your body. Living a completely new and unique sensation.

VAPOUR BATH

The sweet warmth stimulates metabolism and creates an intense purifying and depurative action, thus producing a lash of energy.

(35/45 min.)

€ 50,00

HAY INFUSION

Using vapour to let the hay emitting its well-known and recognized analgesic, decongestant, purifying and muscle-relaxing properties.

(35 min.)

€ 80,00

AROMATHERAPEUTIC BATH

Inside the hot shell which emanates rising vapour, using essential oils with beneficent properties.

(35 min.)

€ 60,00

SALT BATH WITH OFFICINAL HERBS

Feel your legs light thanks to draining powers.

(35 min.)

€ 70,00



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HYDROLIFE

Dipping into the water, rising oxygen and colours, for an endless sensation of relaxation and lightness, you will feel rocked and protected, then carried away into a new dimension.

(30 min.)

€ 40,00

OFURO KNEIPP

Living again the ancient ritual of the Japanese bath while the temperature is changing in a unique and fascinating environment.

(40 min.)

€ 40,00

SPA SUITE

A place for a couple or a single where you can dedicate yourself to a real journey into the world of wellbeing. An unforgettable experience to be lived in this prestigious suite through treatments for the purification of your mind and body, basing on the natural principles of water, air, fire and earth.

THERMAL TREATMENT: (65 min.)	single € 60,00	couple € 100,00
BERBERB RITUAL OF THE HAMMAM: (65 min.)	single €70,00	couple € 100,00
TURKISH BATH: (40 min.)	single € 35,00	couple € 60,00
SAUNA: (30 min.)	single € 35,00	couple € 60,00
ROMAN SAUNA: (45 min.)	single € 40,00	couple € 70,00
Russian Bania: (30 min.)	single € 35,00	couple € 60,00



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Body Mind and Spirit

Face Treatments

Our face is alike us. A delicate relaxation of our back and neck, products rich in active principles and natural ingredients, a unique synergy which will let your face blossom free in all its beauty.

A SYMPHONY OF YOUTH

It's just precious and unique for those who want to give the best to themselves. Treating the signs of time passing by with active principles, in a context of relaxation against the stress of today's life.

(110 min.)

€ 120,00

A SOURCE OF LIGHT - Moisturizing of the coral alga

A water source for your skin and you will find again, day after day, lightness and softness.

(100 min.)

€ 99,00

REMODELLING – with mould mask

A wonderful involvement of the senses which will give you new vital lymph for a brighter and closer appearance.

(100 min.)

€ 89,00

INTENSE PURITY

The emotion of a pure skin breathing free.

(80 min.)

€ 80,00

FACE CLEANSING

Your skin like silk for a face to be fondled.

(50 min.)

€ 50,00



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Body Treatments

A journey to rediscover the pleasure of your body's care.

REMISE EN FORME – BODY REMODELLING MOULD

A global “remise en forme” which joins relaxation and result. Hardening, highly effective in cellulite blemish and in localized adiposities.

(110 min.)

€ 140,00

WHITE CLOUD

A soft cloud of white clay which will envelop your body with delicacy and will deeply be purifying.

(110 min.)

€ 130,00

ALGAE – THE SEA TREASURE

A precious mix of sea algae rich in minerals which stimulates metabolism gaining a slimming and tonic action for a perfect harmony of your shapes.

Total body (80 min.)

€ 100,00

Localized (50 min.)

€ 60,00



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SALT SCRUB

Draining and remodelling with essential oils and sea salts for a smooth and moisturized skin.

(50 min.)

€ 60,00

BODY CLEANSING

Your skin like silk for a body to be fondled.

(50 min.)

€ 60,00

RELIEF AND LIGHTNESS – SPECIAL FOR YOUR LEGS

Bandage with fresh emulsions which stimulate circulation, reduce water retention giving a pleasant sensation of freshness and lightness.

(50 min.)

€ 80,00



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Face and Body Treatments

A real journey of the senses to rediscover new sensations.

SWEET CUDDLES

Hot fluid honey for the pleasure of your body, mind and soul.
(75 min.)

€ 90,00

“GOMMING” WITH HOT SPONGE BATHS

Herbs, flowers, plants and fruits of nature are precious preparations for your health and beauty.
Draining, antioxidant, rebalancing, relaxing.
(80 min.)

€ 80,00

A “HUG” WITH GREEN TEA

Antioxidant for a young and fresh skin.
(75 min.)

€ 90,00



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Oriental Dream

A magic world of colours, fragrances and lights where fascinating and sensual beauty is an art of living.

ORIENTAL "DELIGHT RITUAL"

Delicious and soft fragrances to feel yourself wonderful.
(80 min.)

€ 80,00

ORIENTAL SOFTNESS FOR YOUR FEET

Feet are in the Western countries an extreme symbol of sensuality. The care of them is a ritual of perfection which gives to everyone a deep peace.
(75 min.)

€ 50,00

ORIENTAL SOFTNESS FOR YOUR HANDS

Your hands speak of you. Dedicated to those who wish to exalt their hands' beauty and enjoy therefore a relaxing and delicious moment.
(75 min.)

€ 50,00



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Massages

Natural acts and wise hands, deep feelings, intuition and listening, mutual respect gaining consciousness of one's own being.

AYURVEDIC MASSAGE

The ayurvedic massage (Ayurveda = science of life) uses specific manual abilities of the ancient Indian tradition that act on the physical and emotional level. A complete oil massage which produces beneficent effects on your body, your mind and your soul.

(50 min.)

€ 70,00

SHIRODARA

Ancient cure method of the ayurvedic tradition which consists in pouring a thread of hot oil in the frontal zone so that your mind will enter then a state of deep peace so to be able to find again a pleasant sense of clear harmony.

(80 min.)

€ 90,00

SHIRODARA TRADITION (THREE TREATMENTS)

€ 250,00

PERSONALIZED MASSAGE

A journey into the wellbeing, a unique massage just for you.

On specific zones (25 min.)

€ 40,00

Total body (50 min.)

€ 70,00



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AROMA-THERAPEUTIC MASSAGE

Movements in harmony and precious fluids of sweet fragrance for a total wellbeing.

(50 min.) € 65,00

RELAXING MASSAGE

A “caress” of wellness and serenity.

On specific zones (25 min.) € 40,00

Total body (50 min.) € 60,00

CONNECTIVE MASSAGE

For a deep relaxation. It eliminates muscular tension, improves articular mobility and it stimulates the micro-circulation.

Face (50 min.) € 60,00

Total body (50 min.) € 70,00

LYMPHATIC DRAINAGE - “VODDER” METHOD

A delicate massage which favours the lymphatic circulation thus eliminating toxins and liquids in excess: this grants the purification of the organism increasing therefore the body’s defences.

On specific zones (25 min.) € 40,00

Total body (50 min.) € 70,00

FACE LYMPHATIC DRAINAGE – “VODDER” METHOD

This massage has a detox action which revitalizes even tired skins thus giving new brightness to your face. Excellent as anti-stress with analgesic and relaxing action.

(50 min.) € 60,00



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